

Jane Njoki Ngatia

Director/Counseling Psychologist

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☎ 0721-201564

📍 P.O. BOX 4770-00200

📅 1960-12

🚩 Kenya

💍 Married



MY OBJECTIVES

- To sensitize the society on how to maintain psychologically healthy life through guidance and psychological counseling services.
- To offer empowerment counseling to enable realization & use of individual potentials for more fulfilling lives
- To enhance a sound career in education (for self and others) through application of psychological counseling skills and techniques, especially to learners of all calibre.

CAREER AND VALUES

Ability to work as a team leader.

Strong analytical skills and excellent written and oral skills

Likes challenging work/tasks.

Highly self-motivated and result oriented.

Likes to work with and meet strict deadlines

Trust in all people as having potentials to live better lives

Upholds virtues of honesty and inter-personal relations at work and in society.

PERSONAL INTERESTS

- Reading Christian & Psychology Literature.
- Guiding & Counseling all kinds of people
- Voluntary Community work/services.

Language

English, Kiswahili, Kikuyu
(written and spoken)

PROFESSIONAL TRAINING

2012 – 2016 Atlanta Georgia , USA	Ph.D. Counseling Psychology Georgia State University, USA (on going)
2001 – 2004 Nairobi , Kenya	Master of Arts in Counseling Psychology United States International University(USIU)
2002 – 2003 Nairobi , Kenya	Higher Diploma in Guidance and Counseling Kenya Institute of Professional Counseling
1996 – 1998 Nairobi , Kenya	Bachelor Degree in Education (B.ED.) Honours Catholic University of Eastern Africa
1984 – 1986 Nyeri, Kenya	Diploma in Education Kagumo College
2001 – 2001	Certificate in Gender/Domestic Violence Counseling East Africa Institute of Professional Counseling

2004 – 2004	Certificate in Rape & Sexual Abuse Counseling East Africa Institute of Professional Counseling
2004 – 2004	Certificate in Training of Trainers (T.O.T) Neema Counseling and Training Centre
2004 – 2004	Certificate in Psychological Trauma Debriefing Neema Counseling and Training Centre
2003 – 2003	Certificate in HIV & AIDS Counseling Kenya Institute of Professional Counseling
2002 – 2002	Certificate in Loss and Grief Counseling Kenya Institute of Professional Counseling
2001 – 2001	Certificate in Child Psychology & Counseling East Africa Institute of Professional Counseling

FORMAL EDUCATION

1981 – 1982	Kenya Advanced Certificate of Education (K.A.C.E) <i>Kyeni Girls High School</i>
1977 – 1980	Kenya Certificate of Education (K.C.E.) <i>Karima Girls High School</i>
1969 – 1976	Certificate of Primary Education (C.P.E.) <i>Kanyagia Primary School</i>

TEACHING EXPERIENCE

2002 – 2003 Nairobi, Kenya	Starehe Boys Centre
1989 – 2002 Nairobi, Kenya	Agakhan High School
1987 – 1988 Kwale, Kenya	Matuga Girls High School
1986 – 1987 Mombasa ,Kenya	Tudor Day Secondary School

COUNSELING PRACTICE/TEACHING EXPERIENCE

2019 – Present	Counseling & training East Africa Institute of Professional Counseling
2005 – 2019	University students & staff counselor Jomo Kenyatta University of Agriculture and Technology
2010 – 2016	Part-time lecturer Mt. Kenya University
2010 – 2016	Part-time lecturer Africa Nazarene University
2004 – 2016	Crises counseling consultancy (online) & Referral Counselor Family TV & Radio 3.16
2004 – 2005	Part-time lecturer Daystar University

TRAINING MANUALS PREPARATION

2008 – Present Nairobi, Kenya	KIE-curriculum development for training of counselors for mid level colleges
2012 – 2014	National Curriculum for Counseling & Psychologist training examinable by KNEC
2008 – Present	Ministry of state for public service: prepared implementation policy manual for Guidance & Counseling in Public Service
2007 – Present	East Africa Institute of Professional Counseling-Youth HIV & AIDS Training
2005 – Present	WEM Integrated Health Services-counselor facilitator on child. counseling for VCT nurses in Thika District. Prepared and administered a Training Manual for Child Counselors to be used in Thika District.
2004 – Present	Career Guidance and Counseling Centres facilitator for counselors on public speaking, stress management, time management and how to keep a job.

COMMUNITY BASED ACTIVITIES & VOLUNTARY SERVICES

2004 – 2016	• Parents Helping parents (P.H.P)-voluntary Counselor for the special needschildren with learning disabilities. • Hand of Love Foundation (Board Member) capacity building in the girl child for eradication of poverty in the community in Kawangware and Kibera slums of Nairobi. • Nairobi Baptist Church Counseling Ministry member of the church counseling committee and voluntary counselor. Founder and Chair of Grief Support Ministry at NBC • J.K.U.A.T/ JICA projects Role of women in peace building after post-election violence, Women capacity building in small scale entrepreneurship • Kenya Red Cross-psychological First Aid & crises counseling for Internally Displaced Persons in 2007 • National Oil Corporation of Kenya -lifeskills empowerment & capacity building in HIV & AIDS prevention. • Coalition on violence against women (COVAW)-Psychological Trauma Debriefing and crises counseling. • Westgate terrorist attack Team Leader for trauma debriefing • Kenya Counselors & Psychologist Act, 2014-appointed by CIC to fine tune the draft Bill of 2013 (later Counselor & Psychologists ACT, 2014). • Talks on mental health - Family TV, KBC TV, & Citizen TV & Radio. • Gatoto Integrated Community School mentorship of pupils & teachers.
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INTERNATIONAL CONSULTANCIES

South Sudan	Trauma Healing
Daabab	Association of volunteers Services International (Avsi)- Refugees Emergency Operations Daadab.

STUDENTS' ACADEMIC SUPERVISION

2013 – Present	Accredited Supervisor status by Kenya Counseling & Psychological Association (KCPA) -(supervised at least 50 counselors on Practicum at Mt. Kenya and Catholic Universities)
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2013 – 2016	M. A. student International Leadership University Practicum Supervision
2013 – 2016	Africa Nazarene University personal therapy
2005 – 2013	East Africa Institute of Professional Counseling (research projects & supervision) Higher Diploma students
2011 – 2012	M. A. student Kenyatta University Practicum Supervision

LEADERSHIP POSITIONS 2004-2016

2025 – Present	Board member The green Belt Movement
2014 – Present	Director of Training East Africa Institute of Professional Counseling
2009 – Present	Chair Nairobi Baptist Church Grief Support Ministry
2015 – 2016	Executive Executive mentor The Kenyatta Trust
2013 – 2016	Chair Chair Kenya Universities Counselors Association
2010 – 2013	Assistant Secretary Kenya counseling Association
2010 – 2013	Board Member Kenya Counseling and Psychologists Association (KCPA)
2012 – Present	Governing Council Member (JKUAT Chaper) National Guidance & Counseling Association

ACCREDITATION STATUS

2024 – 2025	Kenya Counselors and Psychologists Board (Practice Licence)
2013 – 2020	Counselor supervisor Kenya Counseling & Psychological Association (KCPA)
2005 – 2018	Kenya Universities Professional Counselors Association (KUPCA)